

Bedwetting and the Nervous System

Nocturnal enuresis (nighttime bedwetting) is found to affect 17% of 7-year-old children.

These same children show no symptoms during the day, mostly just at night. Those who suffer can suffer all throughout childhood, with even 1% carrying this issue into adulthood.

The goal of neurologically-based chiropractic care is to restore the nervous system and all corresponding functions of the body to optimal function by gently and specifically correcting subluxation. With this optimal function often means a reduction or elimination of symptoms of dysfunction entirely! Research has shown time and time again that neurologically-based chiropractic care is beneficial for children!

Particularly, a recent case study of a 6-year-old boy was conducted in which he presented to chiropractic care with his parents complaining of not just bedwetting, but headaches, ADHD, asthma, allergies, constipation, earaches, and cold hands. After trying a variety of medications, inhalers, and laxatives, his parents began to seek out other, more natural forms of care. Once under chiropractic care, he was evaluated and subluxation (interference of the nervous system) was found. A specific care plan was developed in which adjustments were administered to remove subluxation and restore optimal function back to the nervous system. After 20 adjustments, complete resolution of bedwetting was reported! After the 25th visit, cold hands and constipation were reported as being resolved with an 80% improvement in all remaining symptoms! When we function well from the inside, we feel the results on the outside and are on a better path to living our most optimal life!

Herring, R., DC, & Wright, D., DC. (2020). Resolution of Nocturnal Enuresis, Constipation, Headaches, Allergies & Cold Hands in a 6-Year-Old Male Following Chiropractic for Vertebral Subluxation: Case Study & Review of the Literature. *J. Pediatric, Maternal & Family Health*, 26-33.



**Proper adaptability
of the nervous
system is crucial for
body regulation.
Numerous studies
have demonstrated
impactful changes in
children who
previously suffered
from bedwetting
before starting
chiropractic care.**



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