

Sense of Hearing

Our senses provide us our ability to experience the world on different levels. Whether it's our ability to taste and smell the food we eat or its feeling the touch of another person, our senses give us the chance to immerse ourselves and interact with the world around us. Losing the full use of one or more of our senses can not only make our day-to-day life harder, but it can also mean we are less able to connect with others. While we may not always be able to fix or correct the loss, it's up to us to ensure our health is as optimal as possible and give our body our best chance for healing.

A recent case study was published in which a 9-year-old girl was suffering from bronchitis, upper back pain, headaches, and hearing loss in her left ear. She saw a chiropractor and received careful adjustments to help restore full, interference-free function of her nervous system. Through care, she was able to hear in her left ear without the use of her hearing aid! While she still presents to chiropractic care for maintenance care, the return of her hearing in her left ear indicates that chiropractic care has helped restore her nervous system to optimal function!

Our nervous system connects to everything in the body – including the ears! These nerves in our ears are part of our larger nervous system. It's up to us to ensure that our nervous system can function without interference (subluxation) so that we are best able to hear and have function of our ears! Neurologically-based chiropractic care provides us the opportunity to be the healthiest, most optimally functioning version of ourselves!

Briegel, L., DC, & Briegel, L., DC. (2021). Resolution of Sensorineural Hearing Loss in a 9-YearOld Child Following Chiropractic Care to Reduce Vertebral Subluxation: A Case Report & Review of the Literature. J. Pediatric, Maternal & Family Health, 26-31.



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